

# Quick Reference Guide

## CAUTI Prevention Acute External Catheter Start Kit

### Men's Liberty™ Acute With Faceplate

A male external catheter designed for institutional and hospital use.



For **UNCIRCUMCISED PATIENTS** retract foreskin completely during procedure. This will require a **2<sup>nd</sup> PERSON**.

### STEP 1 & 2



**PREP** the skin to prepare for application using an alcohol wipe and then barrier prep.

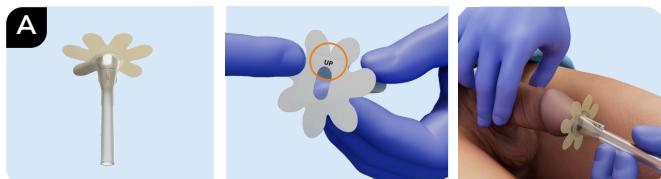


A) Clean skin with **ALCOHOL**.  
Dry completely for **15 SECONDS**.  
Avoid urethral opening.



B) Repeat with **BioPlus<sup>TM</sup> BARRIER PREP**.  
Dry completely for **15 SECONDS**.  
Avoid urethral opening.  
Allow prep to dry completely for product to hold.

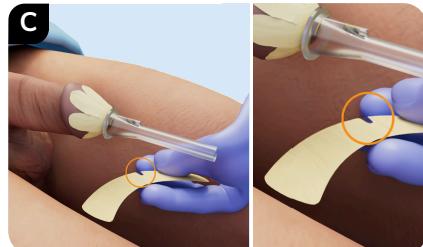
### STEP 3 & 4



Remove backing from faceplate petals. **POSITION CATHETER** with **VENT** and the word **UP** on **TOP**. **ALIGN** catheter opening with urethral opening to avoid leaking. **DO NOT BLOCK** vent opening.



**APPLY** by pressing faceplate petals down alternating side to side. **SMOOTH** and hold petals to secure to skin. Petals can overlap but should conform to all surfaces.



Remove backing from hydrocolloid strip (faceplate seal) and **PLACE** with **SLIT DOWN** toward penis, and **CENTERED** underside.



**ALIGN** hydrocolloid strip (faceplate seal) to the top of the dotted orange line to **SEAL** the device. **WRAP** around flat and wrinkle free, **OVERLAPPING** to cover petals.



**PRESS** and **HOLD** hydrocolloid strip (faceplate seal) all the way around for 15 seconds to **SECURE**. For **UNCIRCUMCISED PATIENTS**, now allow **FORESKIN TO RETURN** to natural position.

Apply catheter securement per facility protocol. For best results, use CathGrip® Double Strap to secure tube and reduce tension.

For more information on instructions for use, visit [www.bravidamedical.com](http://www.bravidamedical.com)

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### CONNECT CATHETER TO LEG/DRAIN BAG



**CONNECT** to leg or drain bag by inserting tubing connector into end of catheter.

**DO NOT CONNECT** to suction. Keep below bladder or bed for drainage. Avoid twisting or kinking tubing

### ADDITIONAL INFORMATION

#### INITIAL AND ROUTINE SKIN ASSESSMENT

- Assess patient for use of external catheter. Skin must be intact, no signs of redness, inflammation, infection or draining, and no anatomic or other abnormalities.
- One size fits most.
- Perform routine skin assessments and discontinue use if any redness or irritation occurs.
- Do not use with diaper or other absorbent products as they may increase skin irritation or infection.

#### CLEANSING

For best results perform perineal bathing per facility protocol, using the product guidelines below.

- Make sure anatomy is **COMPLETELY DRY**.
- AVOID** moisture-based soaps, scrubs, cleansing or CHG wipes, moisturizing creams, lotions or oils at the penis tip. This can prevent hydrocolloid from sticking.
- DO NOT USE** the above products between catheter use as they may interfere with the catheter seal and shorten wear time.

#### WEAR TIME is 24-48 HOURS

- Initial placement may last 6-12 hours until hydrocolloid absorbs underlying moisture from the skin. Duration will continue to increase with subsequent use up to 24-48 hours.
- Assess for proper urinary drainage and avoid dependent loops, kinks or twists in tubing. Intervene as needed per facility protocol.

### CATHETER AND CATHGRIP® REMOVAL

- Remove and replace catheter when:
  - Hydrocolloid turns a white color
  - Hydrocolloid becomes loose
  - Hydrocolloid becomes soiled
- For removal, FreeDerm® adhesive wipes or spray are recommended because they dry quickly and do not leave any residue. Use at the edges of the hydrocolloid and continue working underneath to loosen, gently lifting as you go. Never pull or force during removal.
- Warm water is an alternative. Soak the hydrocolloid using a wet washcloth until it turns milky white and gently rolls off the skin. Never pull or force during removal.
- Product is not reusable and could cause malfunction or risk of infection.
- Once removed dispose of per facility protocol.
- If using CathGrip® securement device, follow the same instructions for removal as above. FreeDerm® is recommended.

### CONTRAINDICATIONS FOR USE

- Absolute** (When the product should not be used at all):
  - Demonstrated sensitivity to hydrocolloid (rare)
  - Anatomic abnormality (severe acquired hypospadias, urethral fistula, penile shaft erosions)
  - Demonstrated hyper-elastic skin
- Relative** (When the product can be used after healing):
  - Unhealed wound at application site (wait to heal)
  - Active rash at application site (wait to heal)
  - Active inflammation or infection of the glans, prepuce or urethra (wait to heal)
  - Purulent or bloody urethral discharge (wait to heal)

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