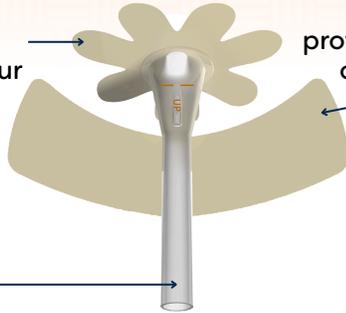


Quick Reference Guide

Men's Liberty™ Acute with CathGrip® Universal Securement

Seven-petal faceplate made of gentle hydrocolloid adheres directly to the skin of your anatomy, preventing leakage.

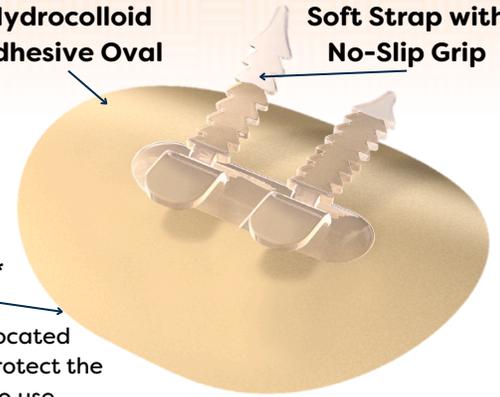


Hydrocolloid strip (faceplate seal) provides a second layer of leak protection

Gravitational vent allows air, ushering urine away from skin to prevent pooling and skin breakdown

Hydrocolloid Adhesive Oval

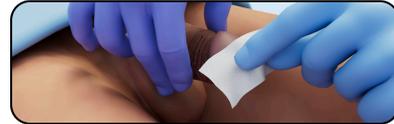
Soft Strap with No-Slip Grip



Release Papers*

*Release papers are located under the device to protect the adhesive until ready to use.

STEP 1 & 2 - CLEAN & PREP



For **UNCIRCUMCISED PATIENTS**, retract foreskin completely during procedure. This will require a **2nd PERSON**.



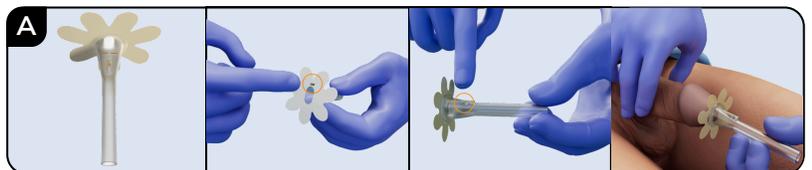
A) CLEAN skin by scrubbing with **ALCOHOL** wipe. **DRY COMPLETELY** for 15 SECONDS. Avoid urethral opening.



B) PREP with **BioPlus+™ BARRIER WIPE**. Dry completely for 15 SECONDS. Avoid urethral opening.

Allow both products to **DRY COMPLETELY** before application to avoid early lifting.

STEP 3 & 4 - PEEL, PLACE & PRESS Catheter and Strip



PEEL backing from faceplate petals. **POSITION CATHETER** with the word **UP** and **VENT** on **TOP**. **ALIGN** catheter and urethral opening to avoid leaking. **DO NOT BLOCK** vent opening.



To apply, **PRESS** faceplate petals down alternating side to side. **SMOOTH** and **HOLD** petals to secure to skin. Petals can overlap but should conform to all surfaces.

For more information, visit www.bravidamedical.com

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Men's Liberty™ Acute with CathGrip® Universal Securement



PEEL backing from hydrocolloid strip (faceplate seal) and **PLACE SLIT** facing toward penis, and **CENTERED** underside.



PRESS and **HOLD** hydrocolloid strip (faceplate seal) all the way around for 15 seconds to **SECURE**. For **UNCIRCUMCISED PATIENTS**, now allow **FORESKIN TO RETURN** to natural position.



ALIGN hydrocolloid strip (faceplate seal) to the top of the dotted orange line to **SEAL** the device. **WRAP** around flat and wrinkle free, **OVERLAPPING** to cover petals.

Apply catheter securement per facility protocol. For best results, CathGrip® Universal Securement device is recommended to stabilize catheter in place and reduce tension.

STEP 5 - CONNECT - Catheter to Leg/Drain Bag



CONNECT to leg or drain bag by inserting tubing connector into end of catheter. **DO NOT CONNECT** to suction. Keep below bladder or bed for drainage. Avoid twisting or kinking tubing.

STEP 6 - SECURE - Apply CathGrip® Securement Device

PREPARE - CLEAN & PREP



CLEAN skin by scrubbing with **ALCOHOL** wipe. Dry **COMPLETELY** for 15 SECONDS.



PREP with **BioPlus+™ BARRIER WIPE**. Dry **COMPLETELY** for 15 SECONDS.

Note:

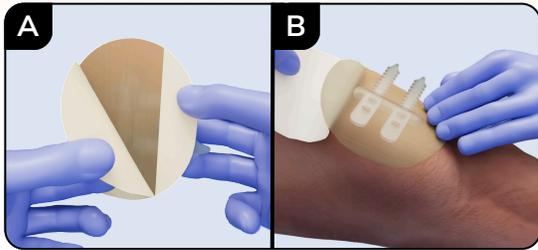
- Trim hair (do not shave) prior to application if needed.
- Apply to top of thigh, above the knee, avoid inner or outer thigh placement to prevent potential skin pressure.
- Ensure leg is straight and there is a least 1 inch of slack (slight curve) in catheter to avoid tension.
- Clean and prep area bigger than securement device.
- Allow both products to dry completely before applying CathGrip® to avoid early lifting.

For more information, visit www.bravidamedical.com

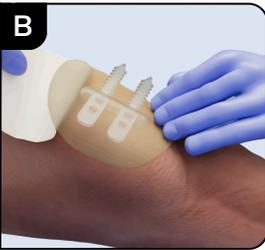
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Men's Liberty™ Acute with CathGrip® Universal Securement

APPLY - PEEL & PRESS, THEN PLACE CATHETER



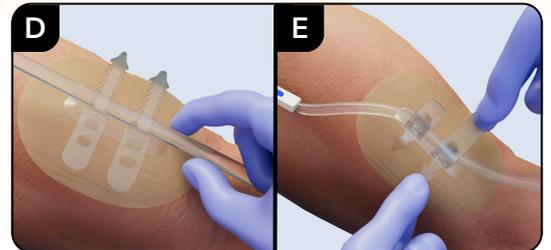
PEEL largest release paper first starting from the top corner downward at a 45-degree angle. Avoid touching the adhesive as much as possible.



Apply device to targeted securement area and **PRESS** into place. Gently remove the 2nd smaller release paper as shown.



PRESS and **HOLD** the hydrocolloid oval in place at the center base and all edges for at least **15 SECONDS** to secure to skin.



PLACE catheter on the soft, no-slip grips. **ALLOW** at least 1 inch of slack in catheter to avoid tension.



PULL soft straps tight around the catheter to secure. **LOCK** grips in place for secure hold by pulling both sides of the strap teeth fully through the opening.



When CathGrip® and catheter are secure, place and keep drain bag below the level of the bladder per facility protocol.

DO NOT CONNECT TO SUCTION. Keep below bladder or bed for drainage. Avoid twisting or kinking tubing.



This version of MLA Mobility is NOT compatible with suction. DO NOT CONNECT TO SUCTION.

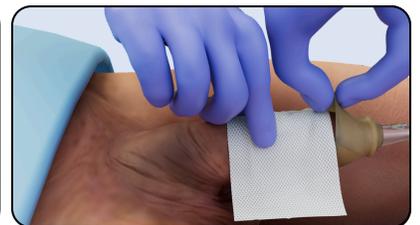
Men's Liberty Acute Mobility Removal with FreeDerm®

FreeDerm® is a skin friendly silicone-based adhesive remover that dries quickly and does not leave any residue.



As an alternative, you can also use warm water and a washcloth until the hydrocolloid turns milky white and easily lifts off the skin.

Sold separately in a box of 30 wipes (SKU: 90037). Also available as 1 oz. pump spray (SKU: 52200).



For removal, FreeDerm® adhesive remover is recommended. To use, wipe or spray at the **EDGE AND THEN UNDER THE ADHESIVE, GENTLY LIFTING AWAY FROM THE SKIN AS IT RELEASES.** Continue until entire adhesive pad has been removed. Never pull or force during removal.

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Men's Liberty™ Acute with CathGrip® Universal Securement

Additional Information

INITIAL AND ROUTINE SKIN ASSESSMENT

- Assess patient skin integrity prior to using the external catheter. Skin must be intact, no signs of redness, inflammation, infection or draining, and no anatomic or other abnormalities.
- One size fits most.
- Perform routine skin assessments and discontinue use if any redness or irritation occurs.
- Do not use with diaper or other absorbent products as they may increase skin irritation or infection.

CLEANSING

- For best results, perform perineal bathing per facility protocol, using the product guidelines below. Make sure anatomy is **COMPLETELY DRY** before application.
 - **AVOID** moisture-based soaps, scrubs, cleansing or Chlorhexidine (CHG) wipes, moisturizing creams, lotions, or oils at the penis tip or targeted CathGrip® securement area. This can prevent hydrocolloid from sticking.
 - **DO NOT USE** the above products between catheter use as they may interfere with the catheter seal and shorten wear time.

WEAR TIME is 24-48 HOURS

- Initial placement may last 6-12 hours until hydrocolloid absorbs underlying moisture from the skin. Duration will continue to increase with subsequent use up to 24-48 hours.
- Assess for proper urinary drainage and avoid dependent loops, kinks, or twists in tubing. Intervene as needed per facility protocol.
- CathGrip® initial wear time will also be shorter than subsequent applications for the same reason. CathGrip® can be worn for up to 7 days.

STORAGE

- Store at room temperature between 10°C (50°F) and 30°C (85°F).
- Avoid exposure to sunlight.

CONTRAINDICATIONS FOR USE

- **Absolute** (When the product should not be used at all):
 - Demonstrated sensitivity to hydrocolloid (rare)
 - Anatomic abnormality
 - Demonstrated hyperelastic skin
- **Relative** (When the product can be used after healing):
 - Unhealed wound at application site (wait to heal)
 - Active rash at application site (wait to heal)
 - Active inflammation or infection (wait to heal)
 - Purulent or bloody urethral discharge (wait to heal)
- **For Use on Intact Skin**
 - If redness or irritation occurs, stop use and consult your healthcare team.
 - If any other questions or concerns arise while using CathGrip®, please consult your healthcare team.

ROUTINE SKIN CARE

- Always leave a one-inch space around the CathGrip® device when using any cleansing products, creams, or lotions. Contact with the hydrocolloid will result in early lifting of the securement device.

APPLICATION TIPS

- Make sure the skin is **COMPLETELY DRY** before applying CathGrip®.
- Cleansing wipes and Chlorhexidine (CHG) can cause excess moisture underneath the skin that can reduce CathGrip® wear time. Make certain that the application site for CathGrip® is as dry and moisture free as possible, before applying.
- **Wear time:** CathGrip® can be worn for up to 7 days. The first application will last shorter than subsequent applications of the product. This is due to the hydrocolloid material that absorbs underlying moisture in the skin.
- **Replace:** Change CathGrip® before 7 days anytime the hydrocolloid becomes a white color, loosens, begins to lift or becomes soiled.
- **Single-Use:** Product is not reusable and could cause product malfunction if reused. Once removed, dispose of in a trash can.

For more information, visit www.bravidamedical.com