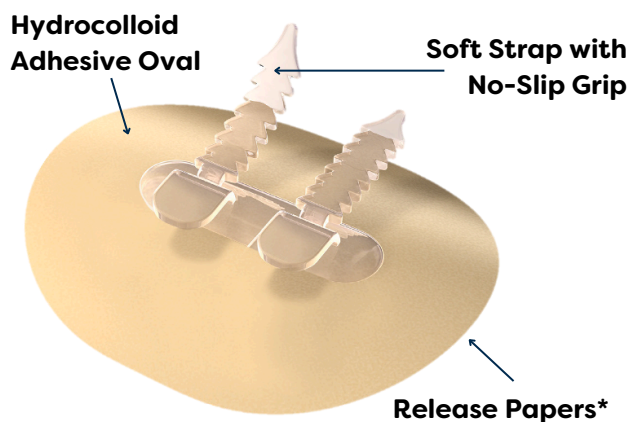


Quick Reference Guide CathGrip® Foley Catheter Application and Removal

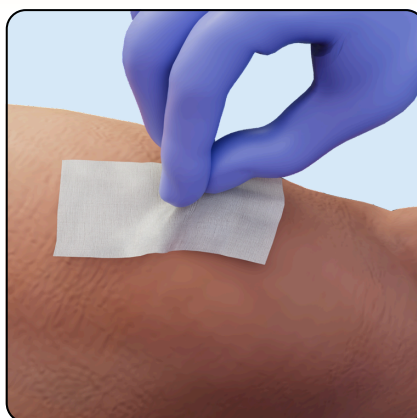
STEP 1: PREPARATION - CLEAN & PREP

CathGrip® Universal Securement Low Profile Device

Made from skin friendly hydrocolloid to protect and secure catheter in place for up to 7 days.



*Release papers are located under the device to protect the adhesive until ready to use.



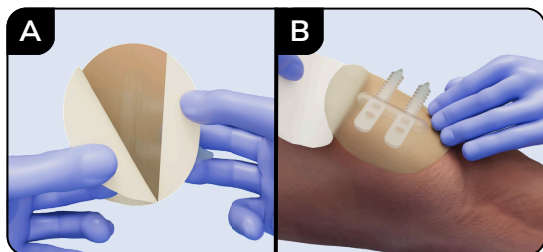
CLEAN skin by scrubbing with **ALCOHOL** wipe. Dry **COMPLETELY** for **15 SECONDS**.

PREP with **BioPlus+™** **BARRIER WIPE**. Dry **COMPLETELY** for **15 SECONDS**.

PREP SECUREMENT AREA

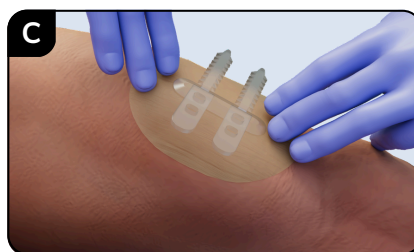
- Trim hair (do not shave) prior to application if needed.
- Apply to top of thigh, above the knee, avoid inner or outer thigh placement to prevent potential skin pressure.
- Ensure leg is straight and there is a least 1 inch of slack (slight curve) in catheter to avoid tension.
- Clean and prep area bigger than securement device.
- Allow both products to dry completely before applying CathGrip® to avoid early lifting.

STEP 2: APPLICATION - PEEL & PRESS, THEN PLACE CATHETER

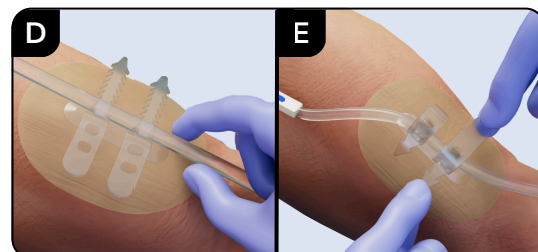


PEEL largest release paper first starting from the top corner downward at a 45-degree angle. Avoid touching the adhesive as much as possible.

Apply device to targeted securement area and **PRESS** into place. Gently remove the 2nd smaller release paper as shown.



PRESS and **HOLD** the hydrocolloid oval in place at the center base and all edges for at least **15 SECONDS** to secure to skin.



PLACE catheter on the soft, no-slip grips. **ALLOW** at least 1 inch of slack in catheter to avoid tension.

PULL soft straps tight around the catheter to secure. **LOCK** grips in place for secure hold by pulling both sides of the strap teeth fully through the opening.



When CathGrip® and catheter are secure, place and keep drain bag below the level of the bladder per facility protocol.

Quick Reference Guide

CathGrip® Foley Catheter Application and Removal

REMOVAL



FreeDerm® is a skin friendly silicone-based adhesive remover that dries quickly and does not leave any residue. As an alternative, you can also use warm water and a washcloth until the hydrocolloid turns milky white and easily lifts off the skin.

Sold separately in a box of 30 wipes (SKU: 90037).
Also available as 1 oz. pump spray (SKU: 52200).



For removal, FreeDerm® adhesive remover is recommended. To use, wipe or spray at the **EDGE AND THEN UNDER THE ADHESIVE, GENTLY LIFTING AWAY FROM THE SKIN AS IT RELEASES.** Continue until entire adhesive pad has been removed. Never pull or force during removal.

CONTRAINDICATIONS FOR USE

- **Absolute** (When the product should not be used at all):
 - Demonstrated sensitivity to hydrocolloid (rare)
- **Relative** (When the product can be used after healing):
 - Unhealed wound at application site (wait to heal)
 - Active rash at application site (wait to heal)
 - Active inflammation or infection (wait to heal)
- **For Use on Intact Skin**
 - If redness or irritation occurs, stop use and consult your healthcare team.
 - If any other questions or concerns arise while using CathGrip®, please consult your healthcare team.

ROUTINE SKIN CARE

- Always leave a one-inch space around the CathGrip® device when using any cleansing products, creams, or lotions. Contact with the hydrocolloid will result in early lifting of the securement device.

APPLICATION TIPS

- Make sure the skin is **COMPLETELY DRY** before applying CathGrip®.
- Cleansing wipes and Chlorhexidine (CHG) can cause excess moisture underneath the skin that can reduce CathGrip® wear time. Make certain that the application site for CathGrip® is as dry and moisture free as possible, before applying.
- **Wear time:** CathGrip® can be worn for up to 7 days. The first application will last shorter than subsequent applications of the product. This is due to the hydrocolloid material that absorbs underlying moisture in the skin.
- **Replace:** Change CathGrip® before 7 days anytime the hydrocolloid becomes a white color, loosens, begins to lift or becomes soiled.
- **Single-Use:** Product is not reusable and could cause product malfunction if reused. Once removed, dispose of in a trash can.
- **Storage:** Store at room temperature between 50°F and 86°F. Avoid exposure to direct sunlight.

For more information, visit www.bravidamedical.com