

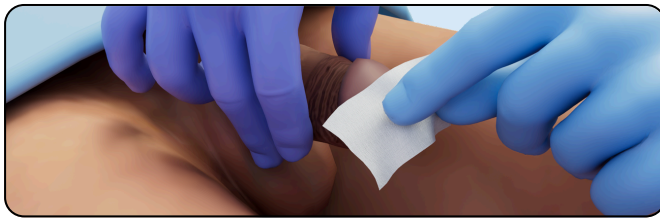
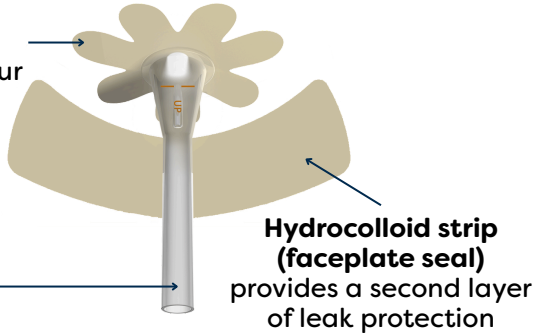
# Quick Reference Guide

## Men's Liberty™ Acute Mobility Catheter and Hydrocolloid Strip

A male external catheter innovatively designed as an external urological solution provided in a step-by-step kit for standardized application.

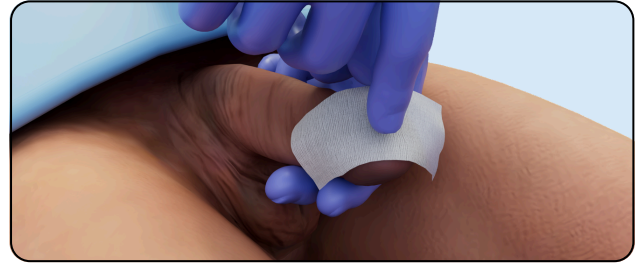
**Seven-petal faceplate** made of gentle hydrocolloid adheres directly to the skin of your anatomy, preventing leakage.

**Gravitational vent** allows air, ushering urine away from skin to prevent pooling and skin breakdown



For **UNCIRCUMCISED PATIENTS** retract foreskin completely during procedure. This will require a **2<sup>nd</sup> PERSON**.

### STEP 1 & 2 - CLEAN & PREP



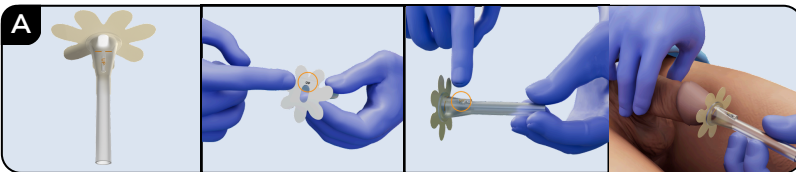
**A) CLEAN** skin by scrubbing with **ALCOHOL** wipe. **DRY COMPLETELY** for **15 SECONDS**. Avoid urethral opening.



**B) PREP** with **BioPlus+™ BARRIER WIPE**. Dry completely for **15 SECONDS**. Avoid urethral opening.

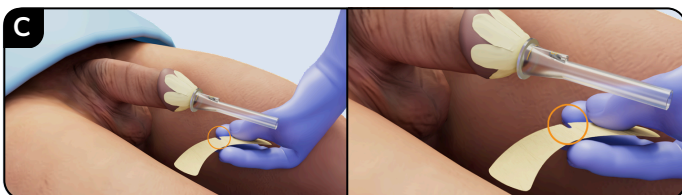
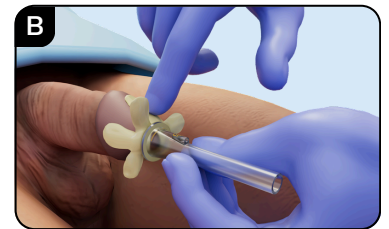
Allow both products to **DRY COMPLETELY** before application to avoid early lifting.

### STEP 3 & 4 - PEEL, PLACE & PRESS Catheter and Strip

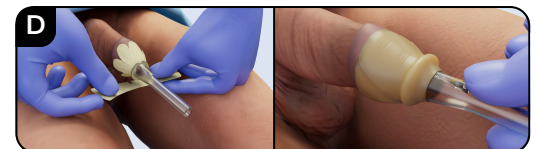


**PEEL** backing from faceplate petals. **POSITION CATHETER** with the word **UP** and **VENT** on **TOP**. **ALIGN** catheter and urethral opening to avoid leaking. **DO NOT BLOCK** vent opening.

To apply, **PRESS** faceplate petals down alternating side to side. **SMOOTH** and **HOLD** petals to secure to skin. Petals can overlap but should conform to all surfaces.



**PEEL** backing from hydrocolloid strip (faceplate seal) and **PLACE** **SLIT** facing toward penis, and **CENTERED** underside.



**ALIGN** hydrocolloid strip (faceplate seal) to the top of the dotted orange line to **SEAL** the device. **WRAP** around flat and wrinkle free, **OVERLAPPING** to cover petals.

For more information, visit [www.bravidamedical.com](http://www.bravidamedical.com)

# Quick Reference Guide

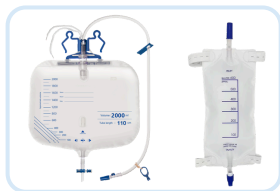
## Men's Liberty™ Acute Mobility Catheter and Hydrocolloid Strip



**PRESS and HOLD** hydrocolloid strip (faceplate seal) all the way around for 15 seconds to **SECURE**. For **UNCIRCUMCISED PATIENTS**, now allow **FORESKIN TO RETURN** to natural position.

*Apply catheter securement per facility protocol. For best results, CathGrip® Universal Securement device is recommended to stabilize catheter in place and reduce tension.*

### STEP 5 - CONNECT - Catheter to Leg/Drain Bag



**CONNECT** to leg or drain bag by inserting tubing connector into end of catheter. **DO NOT CONNECT** to suction. Keep below bladder or bed for drainage. Avoid twisting or kinking tubing.



### ADDITIONAL INFORMATION

#### INITIAL AND ROUTINE SKIN ASSESSMENT

- Assess patient skin integrity prior to use of the external catheter. Skin must be intact, no signs of redness, inflammation, infection or draining, and no anatomic or other abnormalities.
- One size fits most.
- Perform routine skin assessments and discontinue use if any redness or irritation occurs.
- Do not use with diaper or other absorbent products as they may increase skin irritation or infection.

#### CLEANSING

- For best results, perform perineal bathing per facility protocol, using the product guidelines below. Make sure anatomy is **COMPLETELY DRY** before application.
  - **AVOID** moisture-based soaps, scrubs, cleansing or Chlorhexidine (CHG) wipes, moisturizing creams, lotions, or oils at the penis tip or targeted CathGrip® securement area. This can prevent hydrocolloid from sticking.
  - **DO NOT USE** the above products between catheter use as they may interfere with the catheter seal and shorten wear time.

#### WEAR TIME is 24-48 HOURS

- Initial placement may last 6-12 hours until hydrocolloid absorbs underlying moisture from the skin. Duration will continue to increase with subsequent use up to 24-48 hours.
- Assess for proper urinary drainage and avoid dependent loops, kinks or twists in tubing. Intervene as needed per facility protocol.

### CATHETER REMOVAL

- Remove and replace catheter when:
  - Hydrocolloid turns a white color
  - Hydrocolloid becomes loose
  - Hydrocolloid becomes soiled
- For removal, FreeDerm® adhesive remover wipes or spray are recommended because they dry quickly and do not leave any residue. Use at the edges of the hydrocolloid and continue working underneath to loosen, gently lifting as you go. Never pull or force during removal.
- Warm water is an alternative. Soak the hydrocolloid using a wet washcloth until it turns milky white and gently rolls off the skin. Never pull or force during removal.
- Product is not reusable and could cause malfunction or risk of infection.
- Once removed dispose of per facility protocol.

### CONTRAINDICATIONS FOR USE

- **Absolute** (When the product should not be used at all):
  - Demonstrated sensitivity to hydrocolloid (rare)
  - Anatomic abnormality
  - Demonstrated hyperelastic skin
- **Relative** (When the product can be used after healing):
  - Unhealed wound at application site (wait to heal)
  - Active rash at application site (wait to heal)
  - Active inflammation or infection (wait to heal)
  - Purulent or bloody urethral discharge (wait to heal)

### STORAGE

- Store at room temperature between 10°C (50°F) and 30°C (85°F).
- Avoid exposure to sunlight.

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