

# Quick Reference Guide

## Silverlon® Island Dressing Use and Removal at Home

Your doctor has chosen a Silverlon® Island Dressing, the only dressing with silver-plated antimicrobial technology for optimal healing of your incision.

### What makes Silverlon® unique?

- Silver-plated technology allows pure silver to be in direct contact with your wound, providing immediate antimicrobial activity.
- Silver is a proven antimicrobial that protects against a broad range of harmful pathogens to prevent infection.



Standard Adhesive  
Island Dressing



Hydrocolloid Adhesive  
Island Dressing

**PLEASE NOTE:**

The only difference in the above dressings is the type of adhesive material.

### What you need to know:

- 1** You can wear dressings in the shower:
  - It is best to avoid prolonged showering and direct exposure to water pressure from the shower head.
  - Gently pat dry when done.
- 2** Dressings are designed to stay in place for up to 7 days.
- 3** Only change sooner if there is excessive drainage, which means when fluid reaches the dressing border.

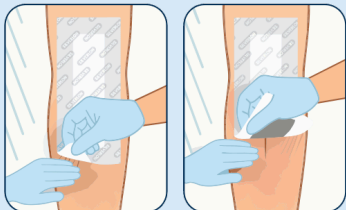
Acceptable amount of fluid



Dressing needs to be changed

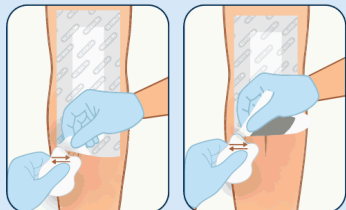


### How to Remove Your Dressing



#### 1. In Shower

Under running water, start at one corner, press down on the skin with one hand and gently lift up the adhesive edge with the opposite hand. Repeat as you continue to slowly lift the adhesive around the dressing.



#### 2. With Washcloth or Medical Adhesive Remover

Use a clean, wet washcloth or medical adhesive remover pad starting at one corner in a gentle back and forth motion underneath the adhesive to loosen and gently lift the dressing from the skin. Repeat as you continue to slowly lift the adhesive around the dressing.

**PLEASE NOTE:**  
Do not pull or force removal. Use more water or adhesive remover if needed to continue to loosen the dressing.



Example of  
medical adhesive remover

**PLEASE NOTE:** Images show the Standard Adhesive Island Dressing. The Hydrocolloid Adhesive Island Dressing works the same.

### Call your clinical team if:

- ✓ The dressing is coming loose or will not remain in place
- ✓ A large amount of drainage fluid is visible that reaches any border of the dressing
- ✓ You notice increased pain, bleeding, excessive drainage, or swelling, any unusual odor or redness around the site

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please visit, [www.bravidamedical.com](http://www.bravidamedical.com)

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# How to Reapply Silverlon® Island Dressings at Home



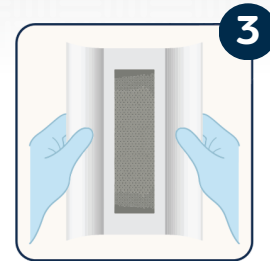
### Step 1

Wash and dry hands. Put on clean or sterile gloves as instructed by your clinical team.



### Step 2

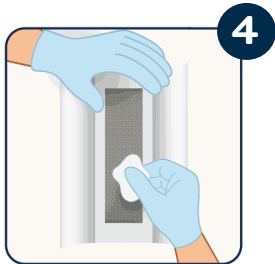
Clean and dry the incision site prior to applying the dressing as instructed by your clinical team.



### Step 3

Peel back both sides of the adhesive liner far enough to reveal the silver pad.

PLEASE NOTE:  
Avoid touching the dressing surface.



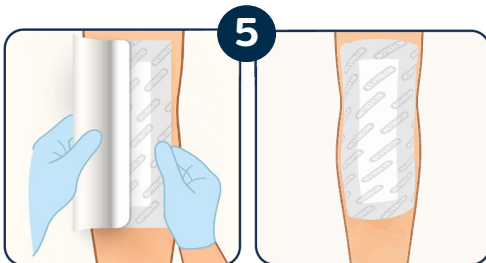
### Step 4

Slightly dampen the silver pad to activate the antimicrobial action.

PLEASE NOTE:

Moisten a small gauze pad with sterile water, distilled water or normal saline, squeeze out any excess.

1. Gently blot the gauze up and down the middle of the silver dressing pad one time. It will not appear wet.
2. Avoid water contact with the surrounding adhesive.
3. Avoid touching the dressing surface.
4. Do not soak or pour water directly on the pad.



### Step 5

Fully remove half of the adhesive liner and place the silver pad directly over the incision. Smooth the adhesive border in place around the edges without stretching. Repeat on the other side.

PLEASE NOTE:

For knee incisions, place knee at 20-30 degree angle when applying dressing for optimal fit and flexibility.

#### Important Information:

1. Notify your clinical team immediately if you have a known sensitivity to silver or nylon as another alternative should be used.
2. Do not use the dressing past expiration date.
3. Do not use if the package or seal is damaged or open.
4. Do not use petroleum-based ointments with this dressing.
5. Only dampen with water. Do not use hydrogen peroxide or povidone iodine.

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