

Instructions for Use

Men's Liberty™ Acute Mobility
CAUTI Prevention Acute External Catheter Starter Kit
with CathGrip®

[Scan the QR Code to
access instructional video.](#)





CLEAN skin prior to application using an alcohol wipe and then **PREP** with BioPlus™ Barrier wipe.



For **UNCIRCUMCISED PATIENTS**, retract foreskin completely during procedure. This will require a **2nd PERSON**.

Step 1 & 2 - CLEAN AND PREP

A

ALCOHOL SWAB
70% Isopropyl Alcohol

CLEAN skin by scrubbing with **ALCOHOL** wipe. Dry **COMPLETELY** for **15 SECONDS**.
Avoid urethral opening.

B

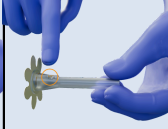
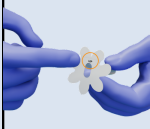
BioPlus™
No-Sting Barrier Wipe
Improves adhesion of:
• Medical devices
• Adhesives, tapes and dressings
Protects skin from:
• Irritation and dryness
• Discomfort and itching
1 liter
bioplus™
medvet

PREP with BioPlus™ **BARRIER WIPE**. Dry **COMPLETELY** for **15 SECONDS**.
Avoid urethral opening.

Allow both products to **DRY COMPLETELY** before application to avoid early lifting.

Step 3 & 4 - PEEL, PLACE & PRESS Catheter and Strip

A



PEEL backing from faceplate petals. **POSITION CATHETER** with the word **UP** and the **VENT** on **TOP**. **ALIGN** catheter and urethral opening to avoid leaking. **DO NOT BLOCK** vent opening.

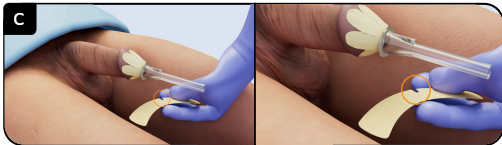
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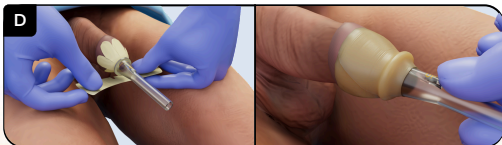
To apply, **PRESS** faceplate petals down alternating side to side. **SMOOTH** and **HOLD** petals to secure to skin. Petals can overlap but should conform to all surfaces.

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PEEL backing from hydrocolloid strip (faceplate seal) and **PLACE SLIT** facing toward penis, and **CENTERED** underside.

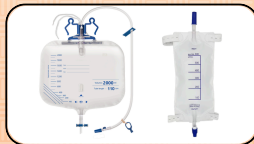


ALIGN hydrocolloid strip (faceplate seal) to the top of the dotted orange line to **SEAL** the device. **WRAP** around flat and wrinkle free, **OVERLAPPING** to cover petals.



PRESS and **HOLD** hydrocolloid strip (faceplate seal) all the way around for 15 seconds to **SECURE**. For **UNCIRCUMCISED PATIENTS**, now allow **FORESKIN TO RETURN** to natural position.

CONNECT - Catheter to Leg/Drain Bag



CONNECT to leg or drain bag by inserting tubing connector into the end of the catheter. Keep bag below the level of the bladder.

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Step 6 - SECURE - Apply CathGrip® Securement Device

PREPARE - CLEAN & PREP



CLEAN skin by scrubbing with **ALCOHOL** wipe. Dry **COMPLETELY** for **15 SECONDS**.

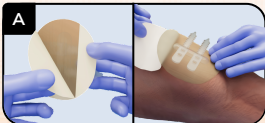


PREP with **BioPlus+™ BARRIER WIPE**. Dry **COMPLETELY** for **15 SECONDS**.

Note:

- Trim hair (do not shave) prior to application if needed.
- Apply to top of thigh, above the knee, avoid inner or outer thigh placement to prevent unnecessary skin pressure.
- Ensure leg is straight and there is at least 1 inch of slack (slight curve) in catheter to avoid tension.
- Clean and prep area bigger than securement device.
- Allow both products to dry completely before applying CathGrip® to avoid early lifting.

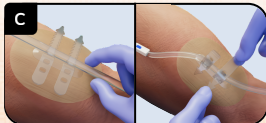
APPLY - PEEL & PRESS, THEN PLACE CATHETER



PEEL largest release paper first starting from the top corner downward at a 45-degree angle. Avoid touching the adhesive as much as possible. Apply device to targeted securement area and **PRESS** into place. Gently remove the 2nd smaller release paper as shown.



PRESS and **HOLD** the hydrocolloid oval in place at the center base and all edges for at least **15 SECONDS** to secure to skin.



PLACE catheter on the soft, non-slip grips. **ALLOW** at least 1 inch of slack in catheter to avoid tension. **PULL** soft straps tight around the catheter to secure. **LOCK** grips in place for secure hold by pulling both sides of the strap teeth fully through the opening.



When CathGrip® and catheter are secure, place and keep drain bag below the level of the bladder per facility protocol. **DO NOT CONNECT TO SUCTION**. Keep below bladder for drainage. Avoid twisting or kinking tubing.



This version of MLA Mobility is **NOT** compatible with suction. **DO NOT CONNECT TO SUCTION.**

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video.



Men's Liberty Acute Mobility Removal with FreeDerm®



For removal, FreeDerm® adhesive remover is recommended. To use, wipe or spray at the **EDGE AND THEN UNDER THE ADHESIVE, GENTLY LIFTING AWAY FROM THE SKIN AS IT RELEASES.** Continue until entire adhesive pad has been removed. As an alternative, a washcloth with warm water may also be used until the hydrocolloid turns a milky white and releases. Never pull or force during removal.

Sold separately in a box of 30 wipes (SKU: 90037). Also available as 1 oz. pump spray (SKU: 52200).

Additional Information

INITIAL AND ROUTINE SKIN ASSESSMENT

- Assess patient skin integrity prior to using the external catheter. Skin must be intact, no signs of redness, inflammation, infection or draining, and no anatomic or other abnormalities.
- One size fits most.
- Perform routine skin assessments and discontinue use if any redness or irritation occurs.
- Do not use with diaper or other absorbent products as they may increase skin irritation or infection.

CLEANSING

- For best results, perform perineal bathing per facility protocol, using the product guidelines below. Make sure anatomy is **COMPLETELY DRY** before application.
 - **AVOID** moisture-based soaps, scrubs, cleansing or Chlorhexidine (CHG) wipes, moisturizing creams, lotions, or oils at the penis tip or targeted CathGrip® securement area. This can prevent hydrocolloid from sticking.
 - **DO NOT USE** the above products between catheter use as they may interfere with the catheter seal and shorten wear time.
 - Always leave a one-inch space around the CathGrip® device when using any of the above cleansing or moisturizing products. Contact with the hydrocolloid will result in early lifting of the securement device.

WEAR TIME is 24-48 HOURS

- Initial placement may last 6-12 hours until hydrocolloid absorbs underlying moisture from the skin. Duration will continue to increase with subsequent use up to 24-48 hours.
- Assess for proper urinary drainage and avoid dependent loops, kinks, or twists in tubing. Intervene as needed per facility protocol.
- CathGrip® initial wear time will also be shorter than subsequent applications for the same reason. CathGrip® can be worn for up to 7 days.

STORAGE

- Store at room temperature between 10°C (50°F) and 30°C (85°F).
- Avoid exposure to sunlight.

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REMOVAL

- Remove and replace catheter when:
 - Hydrocolloid turns a white color
 - Hydrocolloid becomes loose
 - Hydrocolloid becomes soiled
- For removal, FreeDerm®, a “skin-friendly” silicone-based adhesive remover, is recommended. It dries quickly and does not leave any residue.
- You can also use warm water by soaking petals or wrapping a washcloth around the device until the hydrocolloid turns milky white and gently rolls from the skin.

SINGLE-USE

- Product is not reusable and could cause product malfunction or risk of infection if reused. Once removed, dispose of in a trash can.

CONTRAINDICATIONS

- **Absolute (When the product should not be used at all)**
 - Demonstrated sensitivity to hydrocolloid (rare)
 - Anatomic abnormality (severe acquired hypospadias, urethral fistula, penile shaft erosions)
 - Demonstrated hyperelastic skin
- **Relative (When the product can be used after healing)**
 - Unhealed wound at application site (wait to heal)
 - Active rash at application site (wait to heal)
 - Active inflammation or infection (wait to heal)
 - Purulent or bloody urethral discharge (wait to heal)



MADE IN USA

Manufactured by Argentum Medical LLC,
dba Bravida Medical, 2571 Kaneville Court
Geneva IL, 60134, USA.
customerserviceFL@bravidamedical.com
www.bravidamedical.com

10°C
(50°F)



30°C
(85°F)



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