



Instructions for Use

Men's Liberty™ Acute Mobility
CAUTI Prevention Acute External Catheter Starter Kit

[Scan the QR Code to
access instructional video.](#)



Step 1 & 2 - CLEAN AND PREP



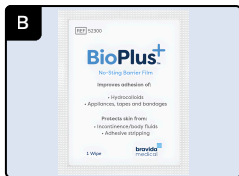
CLEAN skin prior to application using an alcohol wipe and then **PREP** with BioPlus™ Barrier wipe.



For **UNCIRCUMCISED PATIENTS**, retract foreskin completely during procedure. This will require a **2nd PERSON**.



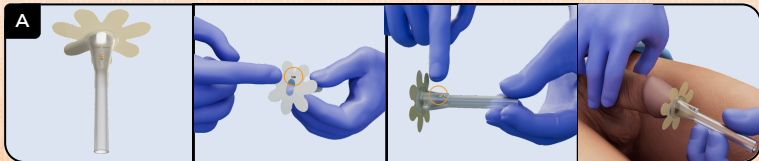
CLEAN skin by scrubbing with **ALCOHOL** wipe.
Dry COMPLETELY for 15 SECONDS.
Avoid urethral opening.



PREP with BioPlus™ **BARRIER WIPE**. **Dry COMPLETELY for 15 SECONDS.**
Avoid urethral opening.

Allow both products to **DRY COMPLETELY** before application to avoid early lifting.

Step 3 & 4 - PEEL, PLACE & PRESS Catheter and Strip



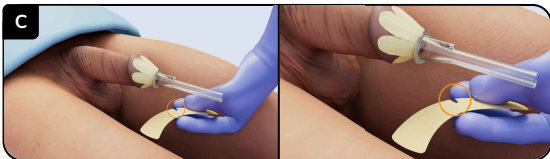
PEEL backing from faceplate petals. **POSITION CATHETER** with the word **UP** and the **VENT** on **TOP**. **ALIGN** catheter and urethral opening to avoid leaking. **DO NOT BLOCK** vent opening.

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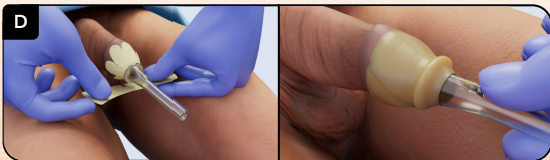




To apply, **PRESS** faceplate petals down alternating side to side. **SMOOTH** and **HOLD** petals to secure to skin. Petals can overlap but should conform to all surfaces.



PEEL backing from hydrocolloid strip (faceplate seal) and **PLACE SLIT** facing toward penis, and **CENTERED** underside.



ALIGN hydrocolloid strip (faceplate seal) to the top of the dotted orange line to **SEAL** the device. **WRAP** around flat and wrinkle free, **OVERLAPPING** to cover petals.



PRESS and **HOLD** hydrocolloid strip (faceplate seal) all the way around for 15 seconds to **SECURE**. For **UNCIRCUMCISED PATIENTS**, now allow **FORESKIN TO RETURN** to natural position.

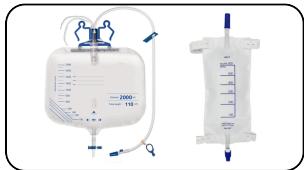
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CONNECT - Catheter to Leg/Drain Bag



CONNECT to leg or drain bag by inserting tubing connector into the end of the catheter.



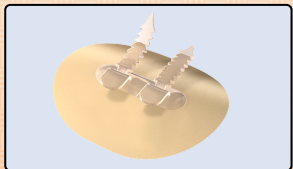
SECURE - Catheter to Avoid Dislodgment



Apply catheter securement per facility protocol. When catheter is secure, place and keep drain bag below the level of the bladder for drainage per facility protocol. Avoid twisting or kinking tubing.



This version of MLA Mobility is NOT compatible with suction. DO NOT CONNECT TO SUCTION.



CathGrip® Universal Securement Device is recommended to stabilize catheter in place and reduce tension. It's made from the same "skin-friendly" hydrocolloid and can remain in place for up to 7 days.

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Men's Liberty Acute Mobility Removal with FreeDerm®



For removal, FreeDerm® adhesive remover is recommended. To use, wipe or spray at the **EDGE AND THEN UNDER THE ADHESIVE, GENTLY LIFTING AWAY FROM THE SKIN AS IT RELEASES.**



Sold separately in a box of 30 wipes (SKU: 90037). Also available as 1 oz. pump spray (SKU: 52200).

Additional Information

INITIAL AND ROUTINE SKIN ASSESSMENT

- Assess patient skin integrity prior to using the external catheter. Skin must be intact, no signs of redness, inflammation, infection or draining, and no anatomic or other abnormalities.
- One size fits most.
- Perform routine skin assessments and discontinue use if any redness or irritation occurs.
- Do not use with diaper or other absorbent products as they may increase skin irritation or infection.

CLEANSING

- For best results, perform perineal bathing per facility protocol, using the product guidelines below. Make sure anatomy is **COMPLETELY DRY** before application.
 - **AVOID** moisture-based soaps, scrubs, cleansing or Chlorhexidine (CHG) wipes, moisturizing creams, lotions, or oils at the penis tip. This can prevent hydrocolloid from sticking.
 - **DO NOT USE** the above products between catheter use as they may interfere with the catheter seal and shorten wear time.

WEAR TIME is 24-48 HOURS

- Initial placement may last 6-12 hours until hydrocolloid absorbs underlying moisture from the skin. Duration will continue to increase with subsequent use up to 24-48 hours.
- Assess for proper urinary drainage and avoid dependent loops, kinks, or twists in tubing. Intervene as needed per facility protocol.

STORAGE

- Store at room temperature between 10°C (50°F) and 30°C (85°F).
- Avoid exposure to sunlight.

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REMOVAL

- Remove and replace catheter when:
 - Hydrocolloid turns a white color
 - Hydrocolloid becomes loose
 - Hydrocolloid becomes soiled
- For removal, FreeDerm[®], a "skin-friendly" silicone-based adhesive remover, is recommended. It dries quickly and does not leave any residue.
- You can also use warm water by soaking petals or wrapping a washcloth around the device until the hydrocolloid turns milky white and gently rolls from the skin.

SINGLE-USE

- Product is not reusable and could cause product malfunction or risk of infection if reused. Once removed, dispose of in a trash can.

CONTRAINDICATIONS

- **Absolute (When the product should not be used at all)**
 - Demonstrated sensitivity to hydrocolloid (rare)
 - Anatomic abnormality (severe acquired hypospadias, urethral fistula, penile shaft erosions)
 - Demonstrated hyperelastic skin
- **Relative (When the product can be used after healing)**
 - Unhealed wound at application site (wait to heal)
 - Active rash at application site (wait to heal)
 - Active inflammation or infection of the glans, prepuce or urethra (wait to heal)
 - Purulent or bloody urethral discharge (wait to heal)



MADE IN USA

Manufactured by Argentum Medical LLC,
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10°C
(50°F)



30°C
(85°F)



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